

Polly Lange's Recommended Supply List for Oil Painting

Tubes of oil paint – see the recommended list of paint colors (provided as a separate download).

Brushes – for starters, get several filberts in hog bristle and filberts in mimic-Kolinsky sable in different sizes.

Palette Knife – get a fairly large triangular shaped knife for mixing paints. Later you can get smaller ones for applying paint to the surface.

Easel - there are many kinds of easels available, costs vary. For beginners, I recommend that you not spend a lot on an easel until you are sure that you want to pursue oil painting.

Palette – there are many types of palettes. Keep in mind that wood palettes must be pre-primed with linseed oil so that the oil in the paint will not seep into the pores of the wood.

OMS - Odorless Mineral Spirits - solvent for cleaning brushes, thinning paint (only at the start of a painting) and cleaning paint off of a palette.

Rags or paper towels – helps to clean off excess paint from brushes. If using rags, they should not have a lot of lint.

Can or jar to hold the OMS – the best type is metal and made especially for OMS.

Linseed Oil – you can use clean baby food jars, lids, clean cat food cans; a type that will clip onto your palette is especially helpful and inexpensive.

Canvas or panels – surfaces on which to paint. For starters, use commercially prepared canvas or panels for oil painting.

Disposable gloves to protect hands from toxicity of the oil paints.

Lighting – daylight bulbs are the most honest type of lighting. Good lighting is important. Depending on your subject matter, you might want a spotlight type of light.

For the above supplies, explore oil painting supplies in on-line art supply stores. Retail hobby stores will have supplies but tend to be limited to a few brands and the supplies can be more expensive than those in the on-line stores.